



2023 RULES

- Proof of insurance must be available upon request.
- Equipment must be in good shape; bats ASA approved.
- Helmets must be worn at all times by the batting team when on the field. This includes players coaching bases.
- Helmets **must have** a face guard.
- Catchers must wear a mask when warming up pitchers on the sideline.
- If it is not raining you should plan on playing. Always watch out for lightning.
 - Resume play according to WIAA rules.
- Cheers are allowed but cannot be directed at the opposing team or players.
- Coaches are responsible for good sportsmanship at all times, including players and spectators; zero tolerance.
- **Remember to contact the team you're playing, preferably a week in advance, to confirm time and field.** During the season, excluding tournaments, if the team is still short on players, the other team can borrow players to the team that is short. You must have 9 players to start.
- **No new inning will be started after 80 minutes.**
 - Both teams and umpires may agree to play longer prior to game start.
- The Shoreline board will address any umpire, coaching or player concern and any rule clarification presented to the board for review.
- Coaches may be asked to provide player birth certificate upon league or tournament request.
- There is a maximum of 15 players allowed on the submitted team roster for all games.
- Home Teams will supply the umpires and the fields.

U10 RULES

- No metal spikes
- **3 outs or 5 runs per inning, whichever comes first no matter who is pitching (player or coach). The 5 run limit is removed the last inning of the game requiring the last inning of the game to be announced prior to starting this inning.**
- 11 inch yellow raised seamed softball.
- 10 defensive players are allowed - Four outfielders must start on the grass.

* * U10 PITCHING * *

- Pitching distance will be at 35 feet.
- Slow pitch is not allowed.
- There is limit on innings a player can pitch. No more than 4 innings. Coaches should use good judgment.
- WIAA rules take effect for all pitching.

* *U10 BATTING * *

- Bunting is allowed, **except when Coach Pitch is invoked**, then the batter must take full swings at the ball.
- **No running to first on a dropped third strike. Batter is still out. This is for U10 Only.**



2023 RULES

- Continuous batting order – all girls must bat. The batting order cannot be changed after the game starts. Players arriving late may play but must bat at the end of the batting order. Tournament rules may not allow late players to play.
- **10U BATTING AND PITCHING RULES** - Walks will be allowed in 10U. After a total of 4 batters have been walked or hit by pitch in the same inning, the COACH PITCH rule is in effect for the remainder of the inning. **Coach Pitch will start with the fourth walk or HBP. The ball is dead immediately after the 4th ball is called.** After the Coach Pitch at bat is completed, **a player pitcher will return to the mound. Coach Pitch will resume as described below with each subsequent walk or HBP** until the inning is completed.

These below rules all apply to COACH PITCH:

- When the coach comes into pitch, the coach will pitch **FROM THE PITCHER'S RUBBER** and must follow WIAA rules. **The coach should attempt to mimic the speed of a typical U10 level pitcher. No arch pitching is allowed.**
- The **player pitcher** should be behind the back edge and to either side of the pitching rubber inside the circle to defend the ball. The batter should remain in the batters box and wait for the coach to pitch to them. The catcher will be in her crouch position and the umpire remains behind the plate and calls strikes
- **The at bat resumes with the current strike count. The coach cannot walk a batter. The umpire will still call strikes, swinging or looking until the batter puts the ball in play or strikes out.**
- If batter has 2 strikes, hits the ball and it goes foul, the batter remains at the plate to finish the at bat until they strike out or hit a ball in play.
- Catcher should remain in the catching position during the swing at the ball. **A dropped third strike is still an out. Batter may not attempt to go to first.**
- No bunting is allowed in this situation (half swings or swinging lightly to keep the ball from going very far is not permitted). The umpire should warn the player and bench if this takes place, replay the at-bat, and call the next player out who attempts this.
- **If a coach goes to field any ball by accident or for self-preservation, the play is dead. The batter will be given first base and each base runner will advance one base.**
- **Stealing is not allowed in any COACH PITCH situation.** Lead-offs are allowed on the release, but the runner cannot steal.
- No advancing on coach pitch except by batted ball
- A batter during her time at bat may switch to either side.

*** * RUNNING * ***

- Sliding in all situations where there is a possible play on the runner is required.
 - The intent of this rule is to prevent players from running into each other.
- In a double play, the runner going to second must slide.
- If there is a play at home plate, runner must slide in a close situation.



2023 RULES

- A courtesy runner may be used for the pitcher and catcher. That runner will be the player who made the last out. If the catcher does not use a courtesy runner, the coaches must help get that catcher prepared for the next inning after she comes off the field as a runner.
- Umpires can, before the game, indicate if they will warn players for leaving the base too early. If they choose to do this, then they should call the play dead immediately, send the player back to the base, warn the team, and continue play with the next player leaving too early being called out.
- If a player is injured while running to a base and is safe, you may use a courtesy runner. That runner will be your last person that made the last out or the third out in the previous inning.
- You may Leadoff/steal upon release of the ball from the pitcher. **You may steal home on a passed ball.** (U10 Cannot steal any base during Coach Pitch) You may also steal home once the defensive player makes a play in the field.

U12 & U14 Rules 2023 WIAA/NFHS rules will in effect

Exceptions:

- Continuous batting order.
- U12 -Coaches may decide to limit maximum of runs per inning at 5 per.
 - **This must be done before the game starts.**
- U12 – 40' pitching rubber